**A PRAYER from Psalm 42 adapted and personalized for Baptist spiritual workers**

**PSALM 42 A CRY FOR SPIRITUAL REFRESHING**

(Personalize this prayer by adding your name in each of the blank spaces)

**Psa 42:1** As a deer longs for a stream of cool water, so I, - - -, long for you, O God my Heavenly Father.

Psa 42:2 I, - - -, thirst for you, the Precious living God. When can I, - - -, go and worship in your Holy presence?

Psa 42:3 Day and night I, - - -, cry, and tears are my only food; all the time ridiculing, sneering MEN ask me, "Where is your Omnipotent Almighty God?"

Psa 42:4 My heart breaks when I remember the past, when I, - - -, went with the crowds to the house of Jehovah God and led them as they walked along, a happy crowd, singing and shouting praise to our illustrious God.

Psa 42:5 Why am I so sad? Why am I so troubled? I will put my hope in God, the Holy Spirt, and once again I will praise Jesus, my Savior and my God.

Psa 42:6 Here all alone in my church planting area my heart is breaking, and so I, - - -, turn my thoughts to him who is all-wise. The Omniscient One has sent waves of sorrow over my soul; chaos roars at me like a flood, like waterfalls thundering down to the rivers from mountains in the Carpathians.

Psa 42:7 *(SEE 42:6)*

Psa 42:8 May the LORD Jesus show his constant love during the day, so that I, - - -, may have a song at night, a prayer to God the Creator of my life and my soul.

Psa 42:9 To God, my defender, I, - - -, say, "Why have you forgotten me? Why must I go on suffering from the cruelty of insolent MEN?"

Psa 42:10 I, - - -, am crushed by their insults, as they keep on asking me, "Where is your Almighty God?"

Psa 42:11 Why am I so sad? Why am I so troubled? I, - - -, will put my hope in God my gracious Heavenly Father, and once again I, - - -, will praise the victorious Jesus, my Savior and my God.